

### **Sensory- and weighted articles**

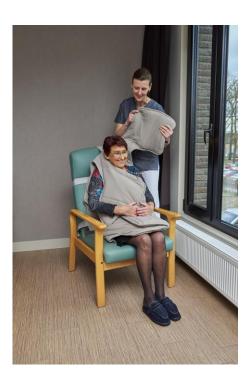
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## Md 40340 Flame-retardant weighted rest blanket Anne-Lore® (granulate)

Weighted articles are used as a soothing aid for people who are subject to stress and anxiety related factors or for people with sleeping problems.

A weighted blanket soothes in the same way as a hug would do. Studies of the use of weighted articles have shown that for some patients they reduce the need for restraints and medication.

A weighted article filled with granules perfectly follows the contours of the body. It also has the advantage that you don't need a lot of filling volume to apply enough pressure, so that the article itself doesn't have to be really thick. This is practical in a warm environment and easy to maintain.





**Md 40340**<sup>TS</sup>: Rest blanket in quality 1010 quilted, slightly weighted side strips on the thigh, waist and shoulder, fits on any seat with a sufficiently high backrest.

#### Purpose:

- Reduce anxiety and stress
- Relieve restlessness and irritability
- > Improve concentration

### **Attention:**

- The combination of a weighted blanket and a reduced lung capacity or a weak musculature may involve a risk. In this case, follow the use of the blankets closely, or consult a doctor if in doubt.
- Consider the risk of tripping if a weighted blanket has fallen to the floor.





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#### **Guidelines for use:**

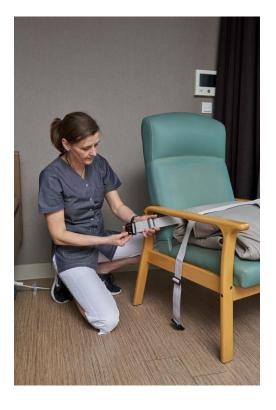
Place the rest blanket in a seat with a sufficiently high backrest. Apply the lower strap around the backrest and just above the seat, so that the strap is visible from the front. Pull the top piece over the top of the backrest so that the rest blanket hangs tightly over the seat. Apply the upper belt around the backrest, but make sure that the belt on the front of the seat goes under the rest blanket.

Fold open the side strips of the rest blanket and allow the user to sit in the seat. Fold the side strips one by one over the user's body starting with the legs.

Quality: 1010, flame-retardant, breathable material, high tear resistance

Stuffing: flame-retardant plastic granulate







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The weighted articles are made of a flame-retardant fabric.

Washing instructions for weighted blankets:	
1. Washing	
1	Duvets weighing more than 6 kg are divisible so that each part can be washed
l 2. Rinse	separately. DON'T ADD FABRIC CONDITIONER.
! 3. Dry	Dry very briefly at a low temperature in a laundry bag in the dryer or hang to dry.
1 3. 51 9	Do not dry together with moisture-retaining textiles (like cotton,).
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